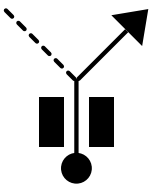
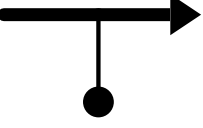
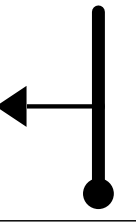
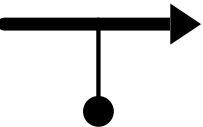
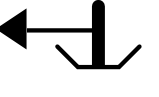
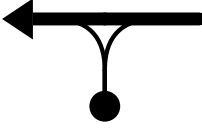
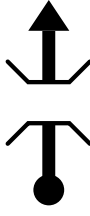

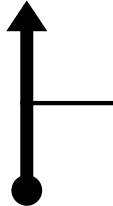

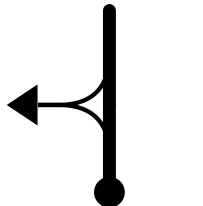
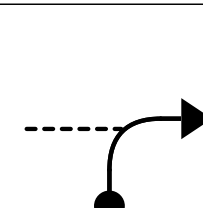
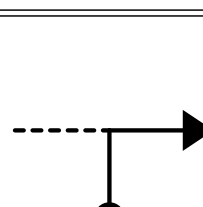
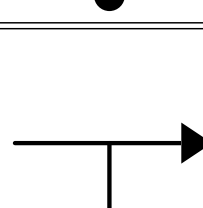
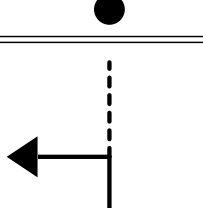
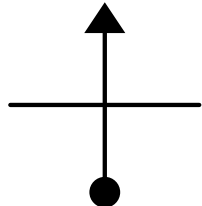
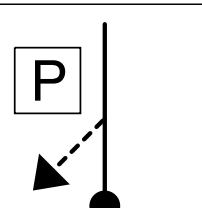


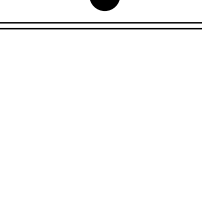
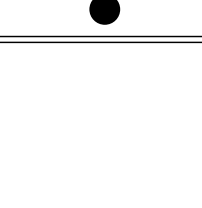


Start to WP 1-1			Page 1
From	Brackenhurst		
To	Kimende		Distance 29.0 km
Leg	1	Section 1	Time min
			Speed km/h
Total	0.0		Exit Brackenhurst gate
Partial	0.0		
Total	1.2		Limuru Rd
Partial	1.2		
Total	5.2		Pass under railway bridge
Partial	4.0		
Total	6.9		Uplands
Partial	1.7		
Total	8.1		Entry ramp to highway
Partial	1.2		

Start to WP 1-1			Page 2
From	Brackenhurst		
To	Kimende		Distance 29.0 km
Leg	1	Section 1	Time min
			Speed km/h
Total	8.4		Naivasha highway
Partial	0.3		
Total	11.2		Uplands
Partial	2.8		
Total	14.4		Uplands
Partial	3.2		
Total	17.6		Uplands
Partial	3.2		
Total	21.7		Rift Valley view point
Partial	4.1		

Start to WP 1-1		Page 3	
From	Brackenhurst		
To	Kimende	Distance 29.0 km	
Leg	1	Section 1	
		Time min	
		Speed km/h	
Total	25.2		Exit highway
Partial	3.5		
Total	25.3		
Partial	0.1		
Total	25.5		Pass under bridge Pot holes next 4 km
Partial	0.2		
Total	25.6		
Partial	0.1		
Total	25.9		
Partial	0.3		

Start to WP 1-1		Page 4		
From	Brackenhurst			
To	Kimende	Distance 29.0 km		
Leg	1	Section 1		
		Time min		
		Speed km/h		
Total	27.2			
Partial	1.3			Dist. to go 1.8
Total	29.0		WP 1-1 Cyclists arrive from ahead then enter gate	
Partial	1.8			Dist. to go 0.0
Total	29.0			Tent on grass right of gate
Partial				
Total	29.0		Batch entry @ 10:00 / 10:20 / 10:40 / 11:00	
Partial				Dist. to go 0.0
Total	29.0		After 11:00 divert all to Route B	
Partial				Dist. to go 0.0

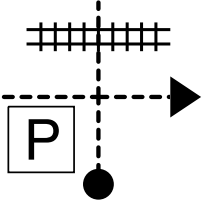

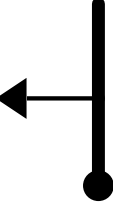
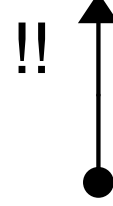
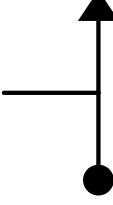
WP 1-1 to 1-2		Page 1
From	Kimende	
To	Kinale	Distance 12.7 km
Leg	1	Section 2
		Time 0:20 h:m
		Speed km/h
Total	0.0	
Partial	0.0	
		Dist. to go 12.7
Total	1.8	
Partial	1.8	
		Dist. to go 10.9
Total	3.1	
Partial	1.3	
		Dist. to go 9.6
Total	3.4	
Partial	0.3	
		Dist. to go 9.3
Total	3.5	
Partial	0.1	
		Dist. to go 9.2

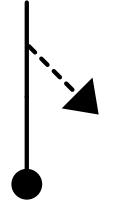
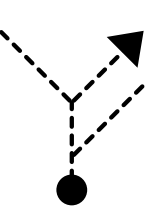
WP 1-1 to 1-2		Page 2
From	Kimende	
To	Kinale	Distance 12.7 km
Leg	1	Section 2
		Time 0:20 h:m
		Speed km/h
Total	3.8	Nakuru highway
Partial	0.3	
		Dist. to go 8.9
Total	9.5	
Partial	5.7	
		Dist. to go 3.2
Total	11.7	
Partial	2.2	
		Dist. to go 1.0
Total	12.6	Kinale Forest Station on right
Partial	0.9	
		Dist. to go 0.1
Total	12.7	Arrive WP 1-2
Partial	0.1	
		Dist. to go 0.0

WP 1-1 to 1-2		Page 3	
From	Kimende		
To	Kinale	Distance	12.7 km
Leg	1	Time	0:20 h:m
	Section 2	Speed	km/h

Total			Cyclists from left to right	Dist. to go 0.0
12.7				
Partial				

Total			Tents on left of car	Dist. to go 0.0
12.7				
Partial				

WP 1-3 to RC		Page 1
From	Longonot	
To	Carnelley's	Distance 35.6 km
Leg	1	Section 4
		Time 0:00 h:m
		Speed km/h
Total	0.0	
Partial	0.0	
		Dist. to go 35.6
Total	0.5	
Partial	0.5	
		Dist. to go 35.1
Total	18.3	
Partial	17.8	
		Dist. to go 17.3
Total	20.8	
Partial	2.5	
		Dist. to go 14.8
Total	32.4	
Partial	11.6	
		Dist. to go 3.2

WP 1-3 to RC		Page 2
From	Longonot	
To	Carnelley's	Distance 35.6 km
Leg	1	Section 4
		Time 0:00 h:m
		Speed km/h
Total	35.4	
Partial	3.0	
		Dist. to go 0.2
Total	35.6	
Partial	0.2	
		Dist. to go 0.0